

# PROGAIN

- 37-38g Protein per serving (flavour dependant)
- 500 calories
- Low Sugar
- High Vitamin B6



## WHAT IS IT?

Progain is a gainer protein powder, designed to support size and mass. Combining Whey Concentrate (70%) & Calcium Caseinate (30%), to provide up to 38g of protein in every serving. Progain is available in 4 flavours: Chocolate, Vanilla, Strawberry and Banoffee.

## WHAT MAKES IT DIFFERENT?

Progain provides the additional calories and protein you need to support muscle growth. Every serving is fortified with Vitamin B6 to help support the metabolism. Progain is made without artificial flavours, colours and thickeners, for a cleaner taste and consistency.

## HOW WILL IT HELP ME?

Progain is specifically formulated to be the perfect nutrition partner for individuals you want to build mass and size. The perfect gainer that is low in sugar.

## WHEN SHOULD I USE IT?

Progain is best consumed 1-2 times a day, depending on the daily calorie requirement. Progain could be consumed following exercise or as a snack alternative.

## INFORMED-SPORT

The entire Maximuscle range is screened for banned substances and is accredited on the Informed-Sport programme.

**FEED THE GROWTH!  
SUPPORTING YOUR GAINS IN MASS AND SIZE.**



SUITABLE FOR VEGETARIANS



GLUTEN FREE



SOY FREE



NO THICKENERS

## WHICH IS YOUR FLAVOUR?

TYPICAL VALUES	CHOCOLATE FLAVOUR Per 120g	STRAWBERRY FLAVOUR Per 120g	VANILLA FLAVOUR Per 120g	BANOFFEE FLAVOUR Per 120g
Energy	2096 kJ 500 kcal	2096 kJ 500 kcal	2096 kJ 500 kcal	2096 kJ 500 kcal
Fat of which saturates	14.2 g 5.5 g	14 g 5.2 g	13 g 5.2 g	13.4 g 5.2 g
Carbohydrate of which sugars	51 g 5.1 g	52 g 8.2 g	54 g 5.3 g	54 g 5.3 g
Fibre	7.5 g	7.4 g	7.4 g	7.4 g
Protein	38 g	38 g	37 g	37 g
Salt	0.24 g	0.24 g	0.23 g	0.23 g
Vitamin B6 (%RI)* *%RI = Reference Intake	1.4 mg (100)	1.4 mg (100)	1.4 mg (100)	1.4 mg (100)