



# PROMAX LEAN

- 28-30g Protein per serving (depending upon flavour)
- Fat Free & Sugar Free
- 80mg Caffeine
- B Vitamin Complex
- L-Carnitine & Green Tea Extract



## WHAT IS IT?

Promax Lean protein powder is designed to support lean muscle development. Combining Whey Isolate (61%) & Calcium Caseinate (39%), to provide at least 28g of protein in every serving. Promax Lean is available in 4 flavours: Chocolate, Vanilla, Strawberry and Banoffee.

## WHAT MAKES IT DIFFERENT?

Promax Lean supports lean definition by containing a superior level of whey isolate to help minimise the carbohydrate and fat. Promax Lean also contains added caffeine, L-carnitine, Green tea extract & B vitamins to support the metabolism and reduce tiredness and fatigue. Promax Lean is made without artificial flavours, colours and thickeners, for a cleaner taste and consistency.

## HOW WILL IT HELP ME?

Promax Lean is specifically formulated to be the perfect nutrition partner for individuals who want to define their physique and build lean muscle.

## WHEN SHOULD I USE IT?

Promax Lean is best consumed twice a day, possibly as a mid-morning and mid-afternoon snack. Promax Lean could also be used after exercise.

## INFORMED-SPORT

The entire Maximuscle range is screened for banned substances and is accredited on the Informed-Sport programme.

**GETTING OR STAYING LEAN CAN BE A CHALLENGE. PROMAX LEAN PROVIDES EXCELLENT SUPPORT IN SUPPLEMENTING A HEALTH BALANCED DIET.**



SUITABLE FOR VEGETARIANS



GLUTEN FREE



SOY FREE



NO THICKENERS

## WHICH IS YOUR FLAVOUR?

TYPICAL VALUES	CHOCOLATE FLAVOUR Per 35g	STRAWBERRY FLAVOUR Per 35g	VANILLA FLAVOUR Per 35g	BANOFFEE FLAVOUR Per 35g
Energy	529 kJ 126 kcal	529 kJ 126 kcal	533 kJ 127 kcal	533 kJ 127 kcal
Fat of which saturates	1.4 g 0.9 g	0.4 g 0.2 g	0.3 g 0.2 g	0.3 g 0.2 g
Carbohydrate of which sugars	0.9 g 0.3 g	1.6 g 1.2 g	0.6 g 0.2 g	1.9 g 1.2 g
Protein	29 g	28 g	30 g	29 g
Salt	0.14 g	0.14 g	0.14 g	0.14 g
Fibre	0.6 g	0.3 g	0 g	0.1 g